

# Virginia Green Lodging Profile:





## The Inn at Onancock Bed and Breakfast

### Onancock, Virginia

*Virginia Green Lodging* is the Virginia Department of Environmental Quality's (DEQ) initiative to promote pollution prevention (P2) practices in the tourism and hospitality industry. *Green Lodging* encourages hotels, resorts, and other hospitality operations to be aware of their impact on the environment and to take steps to reduce these impacts. *Green Lodging* is a non-regulatory program, and participation is completely voluntary and free of charge.

#### The Inn at Onancock

The Inn at Onancock is located on Virginia's Eastern Shore and features five guest rooms. Each room is inspired by the innkeepers' favorite places around the world. The Inn at Onancock is committed to environmental excellence and works to minimize environmental impacts whenever possible.

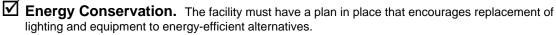


## Green Lodging Activities. When visiting The Inn at Onancock, you can expect the following practices:

### **CORE ACTIVITIES for Green Lodging**

- Optional Linen Service. Sheets and towels are not automatically changed every day during your stay.
  - Train house cleaners on process of optional linen service
  - Purchase water efficient washers and dryers
  - Minimize the use of bleach and chlorinated chemicals
  - Use linen service providers that employ "wet" versus "dry" cleaning
- Recycling and Waste Reduction. Green Lodging Facilities must provide recycling. Recycling should be highly visible and made available to guests with clear signage. A general commitment to reducing total amount of waste should be made.
  - Recycle: Glass, Aluminum Cans, Steel Cans, Plastic, Office Paper, Toner Cartridges, Newspaper, Cardboard, Packing Supplies, Fluorescent Lamps, Batteries, Electronics Equipment
  - Fill bulk soap dispensers instead of using individual soaps
  - Instruct housekeeping to save and reuse unopened items
  - Eliminate use of Styrofoam
  - Use dishware and glassware to minimize use of disposables
  - Refill water pitchers to minimize single use bottles
  - Donate excess food from events
  - Implement effective food inventory system to minimize waste
  - Purchase locally grown produce and other foods
  - Use electronic correspondence and forms
  - Purchase durable furniture and equipment
  - Use latex paint
  - Recycle/dispose of thinners and solvents properly
  - Use preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
  - Effective inventory system and labeling of last-in/first-out

- Minimize use of pesticides and herbicides
- Reusable towels at all sinks
- **Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping.
  - Track overall water usage and wastewater
  - Preventative maintenance of drips and leaks
  - High efficiency dishwashers
  - Use dry clean up methods over water-based methods
  - Low flow toilets
  - Effective landscape management plan
  - Effective storm water management plan



- Track overall energy bills and set a numeric goal to reduce
- Use high efficiency compact fluorescent light bulbs in rooms and spotlights
- Use high efficiency fluorescent ballasts and lamps
- Have High Efficiency Heating & Air Conditioning and use ceiling fans
- Use natural lighting whenever possible
- Purchase EnergyStar computers and appliances
- Use directional lighting in parking lots and walkways
- Waterless hot water tanks
- Developing a "green plan" to implement more energy efficient and green ideas

Green Events Package. The facility must offer a "green" or "environmentally-friendly" package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided.

For more information on **The Inn at Onancock**, see <a href="www.innatonancock.com">www.innatonancock.com</a> or contact Kris and Lisa LaMontagne at <a href="info@innatonancock.com">info@innatonancock.com</a> .

For more information on *Virginia Green Lodging* program, see www.deq.virginia.gov/p2/lodging.



*Virginia Green Lodging* program is a supporting partner of *Virginia Green*, the Commonwealth's campaign to encourage environmentally-friendly practices is all aspects of Virginia's tourism industry. Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.







